

## The Year of the – WORD

Here is a trustworthy saying:

If we died with him,  
we will also live with him.

2 Timothy 2:11 | NIV

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### **BIBLE CHALLENGE**

*(Answers will be in next week's leaflet)*

1. Who had a dream about the sun, the moon, and the stars bowing down to him?
2. Who wrote Ephesians?
3. What happened to the men that threw Shadrach, Meshach, and Abednego into the fiery furnace?
4. Where did Samuel grow up?
5. How many disciples did Jesus take with Him to the Mount of Transfiguration?
6. In which Old Testament book do we find the story of Samson's great strength?

### **Previous week's Challenge answers**

1. David *(1 Samuel 13:14; 16:12-13)*
2. John *(John 19:26)*
3. Killed all of the firstborn *(Exodus 12:29-31)*
4. The Sanctuary (Tabernacle) *(Exodus 25:8)*
5. Two ("Jesus wept") *(John 11:35)*
6. The sea became calm *(Jonah 1:10-16)*

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### **A Quote from Teresa of Avilla:**

**"Accustom yourself continually to make many acts of love, for they enkindle and melt the soul."**

Peace will only reign if we can learn to love. Love destroys pursuit of self, pursuit of power, pursuit of wealth, and so many other desires that can so easily be foundations of violence and conflict.



'I am the light of the world' (John 8:12)

We are a church in Umhlanga that connects people to God,  
to others and to the needs of the world.

We're glad you're here.

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## **21<sup>st</sup> JUNE 2020**

## **3<sup>rd</sup> SUNDAY AFTER PENTECOST**

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### **BIBLE READINGS**

Genesis	21:8-21	OT	Pg	22
Psalms	86:1-10,16-17	APB	Pg	712
Romans	6:1b-11	NT	Pg	227
Matthew	10:24-39	G	Pg	16
Canticle	3	APB	Pg	343
Creed	Baptismal	APB	Pg	59
Eucharistic	Prayer	APB	Pg	122

**COLLECT:** Lord Jesus Christ, you tell us not to be afraid: challenge us to abandon our selves, encourage us to risk the sacrifice that we may find the abundant life you promise; for you live and reign with the Father and the Holy Spirit, in the unity of the Blessed Trinity, one God, for ever and ever. *Amen.*

**A PRAYER FOR OUR CONTINENT** God, bless South Africa and Africa, guard her children, guide her leaders and give her healing and peace; for Jesus Christ's sake. *Amen*

**A DAILY PRAYER** O God, my Father, silence everything in me that would keep me from hearing what you have to say. Control my mind, that all my thoughts may be concentrated on you. Help me find here a light to shine upon my path and strength to walk in it through Jesus Christ my Lord.

**THE SICK** **JAMES 5:13-16**

**Please pray for our Parishioners:** Barry Lambert, Anand Rapiti, Stan Bromley, Mike Sturgess, Margaret Beaumont, Flo Tunnington, Jennifer Pennington, Barbara Crossley, Gill Gordon, Lou Murdoch, Eileen East

**Please pray for family and friends:** Courtney Hunt, Leona Raymonde, Theo Prinsloo, Jessica Wilson, Caleb Camp, Mavis Rodd, John White Jnr, Marian Peeperkorn, Natasha Heffer, Letitia Camp, Roy Dunster, Anne Coetzee

**Prayer Requests:** Please keep Kerry updated via Email.  
If you are sick at home or are going into hospital, please let Kerry know via Email.

***Pray for the Parish of Ekuvukeni, KwaMashu  
and in our Archdeaconry, the Parish of St Martin-in-the-Fields, Durban North  
and their Rector Rev Kevin Robertson***

**For Your Prayers & Reading of Scripture this week**

Sunday 21 <sup>st</sup>	Parishioner Birthdays Matthew	Rosemary Hyland Ocean Jonkers, Noleen Smith 10:24-39
Monday 22 <sup>nd</sup>	Parishioner Birthdays  Years Mind Matthew	Margaret Ivins <i>Eileen East – Congratulations 93!</i> Roger Bond, Craig Grimsley, James Kerr Jean Ellis 7:1-5
Tuesday 23 <sup>rd</sup>	Parishioners Birthdays Years Mind Matthew	Peter & Wendy James Sián Kruger, Sarah Montague, Angela van der Riet Brian Stead, Elaine Wighton 7:6-14
Wednesday 24 <sup>th</sup>	Parishioner Birthdays Anniversary Luke	Lauren Jenkins June Mazibuko Nicholas & Nicole Barlow 1:57-66, 80
Thursday 25 <sup>th</sup>	Parishioners Birthdays Years Mind Matthew	Chantel, Storm, Kiara & Nadine Jenkins Bernice Gibson, Philda Makgoe Jane Moir, Pearl White 7:21-29
Friday 26 <sup>th</sup>	Parishioner Birthday Anniversary Years Mind Matthew	Melissa Johannesen Berenice Kyster Graham & Catherine Forte Roy Beaumont, Isobel Taylor 8:1-4
Saturday 27 <sup>th</sup>	Parishioner Birthdays  Years Mind Matthew	Gillian Johnson Martin Tiffin, Adam Fuller, James Peirson, Rob Stock, <i>Peter James ~ Congratulations 80!</i> Bernard Wolfe-Daimpre 8:5-17

**GOD'S PROMISE:**

Always remember that God made you.  
God loves you.  
And that God is always with you.

**ONGOING MINISTRY FOR US ALL:**

**Sunday Eucharist at 10am** on St Michaels Facebook page.  
Please join Fr Martin at this service.  
If you're not able to be part of it via SMS, a link will later in the morning be sent out for you to watch.

**Monday at 2pm**

Bible Study on the Zoom platform.  
Fr Martin will lead the bible study and you are welcome to join.  
The ID and password will be sent out via SMS about 5 minutes before the hour for you to log in. Please have your bible, note pad/book and pen at hand.

**Tuesday Morning at 7am.**

Join Fr Martin for Morning Prayer.

**Wednesday Evening at 6pm.**

Join Fr Martin for Holy Eucharist.

**Thursday Morning at 7am**

Join Fr Martin for Morning Prayer.

Please do contact Fr Martin concerning pastoral needs.  
If you are feeling lonely or depressed.  
You are ill at home or in hospital.  
You need help in any way, e.g. shopping etc.  
You know of anyone who needs help, even if be for meals or daily essentials.

**COLLECTION PLATE**

To those folk whose offering to God for the ministry of the Church is through the Collection Plate on a Wednesday or Sunday, you can during the week bring it to the parish office between 8:30am and 12 noon.

**Bank Details:** St Michaels Church, ABSA Acc 4068992982,  
Umhlanga Ridge, Branch Code 632005

## **LAUGHTER**

*Please read Psalm 126; Romans 15:1-13*

Being cheerful keeps you healthy. It is slow death to be gloomy all the time.  
*Proverbs 17:22*

A frail old Desert Christian had reached about 90 years of age, and he acutely felt the devils tempting him to fall into despair. So he used the weapon of humour to get rid of them. 'What will you do, old man, for you might live like this for another 50 years?' the tempters asked him one day. In reply he said to them, 'You have distressed me greatly, for I had been prepared to live for 200 years!' That did it. With great cries the devils left him.

At all hours Cuthbert was happy and joyful, neither wearing a sad expression at the memory of a sin nor being elated by the loud acclaim of those who were impressed by his way of life.

*Life of Cuthbert by an anonymous monk of Lindisfarne*

Caedmon, who lived at Whitby monastery, moved into the house for those who were dying. He and his nurse talked and joked in good spirits with each of the other occupants in turn until after midnight. Caedmon asked if they had the Sacrament in the house. 'Why do you need Holy Communion now?' they asked. 'You are not due to die yet for you talk with us as cheerfully as if you were in good health.' He died with a smile on his face. *Bede*

A well-known writer once pointed out that God must have a sense of humour, otherwise why did God make the duck with such a funny looking bill?

It is the heart that is not yet sure of God that is afraid to laugh in God's presence.  
*George Macdonald*

Teach us, good Lord,  
to enjoy the fun of your creation;  
not to take ourselves too seriously  
and to allow the sense of humour  
which is your gift to us  
to bubble over as it should.

**John the Baptist** (d. c.30) Biblical prophet and martyr. Described in the Bible as the forerunner of Christ, John the Baptist was (according to Luke) the child of the elderly Zechariah and his hitherto barren wife Elizabeth, who conceived after the angel Gabriel appeared to her and told her that she would bear a child who would prepare the way for the Messiah. Nothing is known of John's early life until, in his early thirties, he retreated to the desert to fast and pray, dressing in skins and eating only locusts and wild honey. After emerging from the desert he preached the word of God and baptized converts in the river Jordan as a sign of their purification, ultimately baptizing Christ (sometimes identified as John's cousin) himself. Subsequently John was arrested on the orders of King Herod Antipas who feared his preaching might spark a rebellion. Unfortunately John had previously incurred the displeasure of Herod's wife Herodias by condemning their marriage (on the grounds that Herodias had been the wife of Herod's half-brother) and Herodias now plotted revenge against him. Accordingly, she told her daughter Salome to dance before the king and, when as a reward Herod promised Salome anything she desired, told her to ask for John the Baptist's head on a platter. John was duly beheaded and his head served up as proof of his death. He is honoured as the patron saint of farriers, tailors, the Knights Hospitallers and also of Turkey. His emblem is a lamb. *Feast Day: 24 June*

### ***WINTER WOOLIE APPEAL***

We are making a winter warmth appeal for Zululand.  
Adults, babies and children up to 6 years of age.

They are in dire need of blankets, beanies and warm clothing.  
Cash or kind would be welcome.



Thank you to you all who joined in last Friday night's Virtual Dinner  
with special thanks to Hugh for hosting!

We look forward to next month's Virtual Dinner and ask for a volunteer host.  
(They would need to suggest a menu and provide the recipes)



***HOW AMAZING AND  
VIBRANT THE POINSETTIA'S  
LOOK – WE HAD TO SHARE  
THEM WITH YOU!***

***CHRISTMAS IN JULY!***



So this just happened,

I was in a long McDonald's drive-through this morning and the young lady behind me leaned on her horn because I was taking too long to place my order.

"Take the high road," I thought to myself. So when I got to the first window I paid for her order along with my own.

The cashier must have told her what I'd done, because as we moved up she leaned out her window and waved to me and mouthed "Thank you.", obviously embarrassed that I had repaid her rudeness with a kindness.

When I got to the second window I showed them both receipts and took her food too.

Now she has to go back to the end of the line start all over.

Don't honk your horn at old people.





### **Prayers to use during this time of the Coronavirus pandemic**

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

#### **Intercessions**

Let us pray to God  
*who alone makes us dwell in safety:*  
*For all who are affected by coronavirus,*  
*through illness or isolation or anxiety,*  
*that they may find relief and recovery:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*For those who are guiding our nation at this time,*  
*and shaping national policies,*  
*that they may make wise decisions:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*For doctors, nurses and medical researchers,*  
*that through their skill and insights*  
*many will be restored to health:*

*Lord, hear us,*  
*Lord, graciously hear us.*  
*For the vulnerable and the fearful,*  
*for the gravely ill and the dying,*  
*that they may know your comfort and peace:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*We commend ourselves, and all for whom we pray,*  
*to the mercy and protection of God.*  
*Merciful Father,*  
*accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.*

Let us pray to the Lord,  
*who is our refuge and stronghold.*  
*For the health and well-being of our nation,*  
*that all who are fearful and anxious*  
*may be at peace and free from worry:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*For the isolated and housebound,*  
*that we may be alert to their needs,*  
*and care for them in their vulnerability:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*For our homes and families,*  
*our schools and young people,*  
*and all in any kind of need or distress:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*For a blessing on our local community,*  
*that our neighbourhoods may be places of trust and friendship,*  
*where all are known and cared for:*  
*Lord, hear us,*  
*Lord, graciously hear us.*  
*We commend ourselves, and all for whom we pray,*  
*to the mercy and protection of God.*  
*Merciful Father,*  
*accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.*