

Three Kinds of Humility By [Tim Muldoon](#)

St. Ignatius, like many spiritual masters over the centuries, suggested that humility was a prerequisite for the spiritual life. In his *Spiritual Exercises*, he described three kinds of humility:

- To humble myself to total obedience to God.
- To be ready for honour or dishonour, poverty or wealth, or anything else for God.
- To desire poverty, dishonour, and even be a fool for God, since Christ was.

The last of these, he said, was the most perfect, because it expressed a desire to be like Christ.

For many, this exhortation to abject humility can be both confusing and even dangerous, particularly since it can be misunderstood to mean that those who live in situations of injustice ought to just be content with the injustice in the name of humility. Both ancient and modern thinkers have suggested the exact opposite: that the good life is characterized by rejecting humility and embracing virtues with many different names: Aristotle's "great-souled-ness" or the modern term "living large." So, why humility?

In 1640, Flemish Jesuits produced a volume commemorating the 100th anniversary of the founding of the Jesuits. An anonymous inscription in that volume offers us a tantalizing hint of what Ignatius sought to convey in exhorting his followers to humility:

Not to be constrained by the greatest thing, but to be contained in the smallest thing, is divine.

The Jesuit theologian Brian Daley **suggests** that this inscription is a clue to Ignatian humility. The faithful follower of Christ lives in a kind of tensed state between magnanimity (the Aristotelian virtue of having a great soul) and humble submission to the word of God through imitation of Christ. The Christian seeks great things **for God's greater glory**—a phrase Ignatius used frequently—measured not by the usual metrics of popularity and prestige in the world, but rather by the love of the one who is "meek, and humble of heart." The **third degree of humility** is the degree to which one is willing to live in the ugliest, most marginalized parts of our world in order to discover the great beauty there, and love with abandon.

Those who are poor in spirit, Jesus tells us in the Beatitudes, may already be a step ahead of those who live in comfort, since they do not need to let go of false desires. They need only express love where they live.

Banking Details: St Michael's Church ABSA Bank Umhlanga Ridge
Branch code: 632005 Acc No: 4068992982



We are a church in Umhlanga that connects people to God,
to others and to the needs of the world.
We're glad you're here.

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Services: Sunday 7am & 8.30am Wednesday 9am

14th July 2019 5th Sunday after Pentecost ~ Sea Sunday "Do You Test Jesus?"

The Service begins on Pg 104 & Eucharistic Prayer on Pg 119 of the Prayer Book

BIBLE READINGS

Amos	7:7-17	OT	Pg	1076
Psalms	82	APB	Pg	708
Colossians	1:1-14	NT	Pg	292
Luke	10:25-37	NT	Pg	107
Canticle	5	APB	Pg	345
Creed	Nicene	APB	Pg	108

Collect: O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

A Prayer for Africa

God, bless Africa,
guard her children
guide her leaders
and give her peace;
for Jesus Christ's sake.

Children's Ministry: Every Sunday during the 8.30am Service is 'Godly Play' time in the hall

Join us after the 7am Service for Juice on the patio & after the 8.30am Service for Tea/Coffee in the hall

☘ Flowers today in loving memory of Mike Shadbolt ~ 14th July 2007 ~ RIP.
& Hester Shadbolt's Birthday 7th July from Hester, Anne and Martin Shadbolt ☘

A DAILY PRAYER



O God, my Father, silence everything in me that would keep me from hearing what you have to say. Control my mind, that all my thoughts may be concentrated on you. Help me find here a light to shine upon my path and strength to walk in it through Jesus Christ my Lord.

THE SICK

JAMES 5:13-16

Please pray for: Lu Dormer, Jeanne Liebetrau, Norma Dawson, Courtney Hunt, Shelley van der Merwe, Sharon Heffer, Alexi, Jessica Wilson, Di Wheeler, Theo Prinsloo, Audrey Rugg, Steve Rugg, Sonia Rugg, Gill Hawkey, Barry Lambert

Prayer Request Cards: You will find these green cards at the entrance to the church. Please place filled in cards into the marked box as you leave the Church.

***Pray for the Parish of St Patrick, Umzinto
and in our Archdeaconry, we pray for the Parish of St Columba, Greenwood Park
and their Rector Rev Roland Prince***

For Your Prayers & Reading of Scripture this week

Sunday 14 th	Parishioner Years Mind Luke	Valerie Garreau Ellen Newson, Mike Shadbolt, Edward Woodward 10:25-37
Monday 15 th	Parishioners Matthew	Frank & Bernice Gibson 10:3411:1
Tuesday 16 th	Parishioner Birthday Anniversary Years Mind Matthew	Jeanette Goble James Aiken Henry & Ayanda du Toit Alban Gardiner 11:20-24
Wednesday 17 th	Parishioner Birthdays Years Mind Matthew	Elizabeth Godbolt Deborah Coulson, Alison & Elizabeth O'Neill, Sandra Fann William Perkins 11:25-27
Thursday 18 th	Parishioner Birthday Anniversary Matthew	Gillian Gordon Dennis Bowie Barry & Sheila Lambert 11:28-30
Friday 19 th	Parishioner Birthdays Matthew	Gail Gore Joy Alston, William Fraser, Fiona Pascoe 12:1-8
Saturday 20 th	Parishioner Matthew	Marilyn Gosnell 12:14-21

Diary for the Week

Monday	15th	7.30am 10am 5pm	Morning Prayers – Church Holy Communion Service @ The Lodge Yoga Class- Hall
Tuesday	16th	7.30am & 11.30am 9am – 12pm 4pm 6pm	Verger's Day Off Intercessory Prayer Time – Church Goggo's Sewing - Hall Bible Study @ Twilanga Parish Council Meeting - Hall
Wednesday	17th	9am 2pm 4.30pm 5.30pm	Holy Communion Service - Church Bible Study @ Ridgewood Choir Rehearsal Confirmation Class - Church
Thursday	18th	8am 9.30 am 10.30am 5.30pm 5pm	Yoga Class - Hall Holy Communion Service @ Twilanga Holy Communion Service @ Ridgewood Meditation - Church Yoga Class – Hall
Friday	19th	10.30am	Rector's Day Off Bible Study – Hall
Saturday	20th	8.00am to 12noon	Teddy Bear Workshop - Hall
Sunday	21st	7am & 8.30am	Holy Communion Service - Church

NOTICES

Confirmation Class is this Wednesday 17th July Please note that there is a confirmation class this Wednesday, 17th July at 5.30pm.

Renewal of 123 Club Subscriptions Please be reminded that the 123 Club Subscription is due for renewal. Please fill in your forms and return to the Parish Office.

Hospital or Retirement Home visiting Please speak to Fr Martin if you would like to join this ministry group.

Intercessory Prayer Groups Tuesdays 7.30am & 11.30am Please speak to Fr Martin if you would like to join in praying for those in need.

Church Choir Please speak to Sharon Westcott if you would like to join the choir.

Copper Bottle Money Thank you for your copper money contributions,.Do empty your purses/pockets/wallets of coppers into the bottle – you'll be surprised how this adds up and swells our funds.

Durban Symphonic Choir Concert Sunday 4 August at 3pm Tickets are R100 per person including refreshments. Proceeds to Milimani Educational Trust. Tickets are available from the Parish Office or from Ros between the 7am & 8.30am Sunday Service.

Financial Well-Being of St Michael's Thank you to everyone who has contributed so far. Our thermometer is rising thanks to the donations but it is imperative that we reach our target of R250 000. It's our Church, our spiritual home and the place we get guidance and fulfillment in our Christian walk. Let's work together to ensure our financial stability for the future.

Pictures for Website & Facebook Do send us your pictures of events at the Church for us to put on our Website and Facebook.

Pictures & Stories for our 60th Anniversary Booklet We are collecting pictures and stories of the history of our Church for our 60th Anniversary Booklet.